

## SKIN PHD SIGNATURE FACIAL TREATMENTS

Our aesthetic therapists will do a free 15-min personalized skin consultation with your first visit to prescribe the optimal journey for your skin. We will re-evaluate your journey regularly to ensure amazing results.

Hello SkinPhD Facial

R350 (30min)

A compact facial treatment for the client that is time restrained and needs quick, visible results.

**Deep Cleanse & Detox Treatment**A treatment designed to detoxify and purify the skin.

R495 (60min)

Dermaplane Facial

R550 (60min)

This treatment refines the skin's texture by removing dead skin cells and all the fine vellus hairs on the surface of the skin, leaving you with a baby soft skin and an instant glow. The penetration of active ingredients is also enhanced

**Age Focus** 

R550 (60min)

A treatment designed for ultimate relaxation with added benefit of replacing your skin functions for optimal skin health.

Retinol Surge

R650 (60min)

A treatment designed to instantly increase skin hydration levels and skin protective functions with a surge of antioxidants. Visibly improve skin plumpness, fine lines and wrinkles.

La Femm Signature Facial

R750 (60min)

A relaxing personalized facial for the client where the therapist analyzes the skin and according to the skin needs incorporates certain products on the clients skin

**Elaine Brennan Micropeel** 

R1650 (60-120min)

The GetGlowing micropeel is designed to refine skin texture, combats environmental damage, hyper-pigmentation, acne scarring and ageing skin. Series of three treatments, two weeks apart

PRP (Platelet-rich Plasma)

R1500 (60min)

Containing autologous white blood cells which is then needled into the skin area of concern

PRP (Platelet- rich Plasma) including Bio-Glycolic Peel R1800 (75min)

An biomedical glycolic peel applied on the skin accompanied with an PRP treatment containing autologous white blood cells which is then needled into the skin area of concern

## O'RI SIGNATURE FACIALS:

O'ri introduction Facial

R350 (30min)

O'ri deep cleanse facial // R495 (60min)

R650 (60min)

O'ri Customized facial

## **BIOMEDICAL TREATMENTS**

## Peel treatmens:

### **Bio-Glycolic Peel**

R495 (40min)

A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes.

#### **Bio-Strarum Peel**

R900 (60min)

This peel contains Trichloro-acetic acid. It is a medium depth peel to address very deep lines and wrinkles as well as hyperpigmentation and melasma concerns.

### **Bio-SynthaC Peel**

R650 (45min)

This peel contains high concentrations of ascorbic acid or vitamin C. This peel provides an immediate brightening effect on the skin and is very suitable.

### **Complexion Corrector Peel**

R750 (45min)

The Complexion Peel is a cocktail peel suitable for individuals with pigmentation.

### **RX Salicylic Peel**

R550 (45min)

The Salicylic acid peel is a Beta-Hydroxy Acid. This peel reduces elevated levels of sebum production and inflammation on the skin. Very suitable for acne-prone skin.

#### **Glycolic Peel & Dermaplane**

R750 (60min)

A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes.

### Melanin 10H Peel (include homecare kit)

R2500 (60min)

10h melanin depigmentation method is an intensive treatment with dual action. It both corrects and regulates hyperpigmentation achieving short and long term

### Seborrheic Peel

R750 (45min)

This chemical peels contains comedolytic properties to address acne scarring, active acne and microbial growth. The ideal solution to active an acute acne.

### **Bio-Thermo-Dynamic Facial**

R600 (45min)

Also known as the "fire and ice "' treatment to stimulate blood flow and enhance a radiant appearance . Suitable for any skin type and any season of the year.

**Bio-Preggy Peel** 

R495 (40min)

Preggy peel is concentrated ingredients at a low percentage of ingredients as it is safe for a pregnant female to do during pregnancy and breastfeeding. This can be done on the face and stomach.

## MICRONEEDLING TREATMENTS:

## Focused Needling (Face Only)

R895 (60min)

(Add neck area for an additional R200)

0.5mm -0.75 mm microneedling depth procedures are available depending on the skin concern established during the skin analysis and consultation. The various procedures are formulated to address; Ageing, Acne, Sensitive skin, Pigmentation, Stretch marks, Keloid and hypertrophic scars.

### Bio-Glycolic Peel & Needle(Face Only) (Add neck area for an additional R200)

R1250 (60min)

A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes. 0.75 mm microneedling depth procedures are available depending on the skin concern established during the skin analysis and consultation. The various procedures are formulated to address; Ageing, Acne, Sensitive skin, Pigmentations, Stretch marks, Keloid and hypertrophic scars.

### CBD Microneedling(Face Only)

R1350 (60min)

(Add neck area for an additional R200)

1 mm depth microneedling with Cannabis. This is a suitable treatment for individuals with atopic dermatitis and inflammation on the skin. Also suitable for anti-ageing purposes, inflammation.

# Gold Standard Microneedling (GSM Treatment Face Only) R1350 (60min) (Add neck area for an additional R200)

0.5mm - 1 mm depth microneedling with high concentration retinol. For individuals concerned about acne scars, ice pick scars, keloid scars and very deep lines and wrinkles and stubborn pigmentation.

# Fibroblast Growth Serum Microneedling (Add neck area for an additional R200)

R1350(60min)

The Fibroblast Growth serum with active anti inflammatory markers stimulates Collagen fibre synthesis. This is go-to anti-ageing treatment for fine lines and wrinkles.

# Royal Standard Microneedling (Face Only) (Add neck area for an additional R200)

R1550 (60min)

0.5mm - 1 mm depth microneedling including the Bio- Glycolic peel, with a combination of 2x RX serums or RX chemical peels – customized for your specific skin concern. Weather individuals are concerned about acne scars, ice pick scars, pigmentation, uneven skintones and very deep lines and wrinkles. This combination treatment is ideal to specifically address your skin concern, and can be altered every month to optimize results

#### **Microneedling Scalp Treatment**

#### R1250 (60 min)

R80

This treatment is for individuals who struggle with hair loss (Alopecia) and hair thinning due to static hair follicles and inflammation on the scalp. Mild scalp microneedling is performed on the scalp with biological ingredients to stimulate the follicle hair growth again.

#### Scar and wound care treatment with microneedling from R750

1 mm needling with growth factors on old hypertrophic or keloid scars. These scars include burn wounds, surgical scars, ulcers, and pressure wounds. Other scars include; Abdominoplasty, Mastopexy, Mastectomy, Breast augmentation, Diabetic ulcers, Skin grafts,

Abdominoplasty, Mastopexy, Mastectomy, Breast augmentation, Diabetic ulcers, Skin grafts, Oncology scars, Suture scars, Maceration & abrasion scare

## **BODY MASSAGE:**

Add on Hot Stone/Soy Candle

Full Arm

1/2 Arm

Foot Wax

Indian Head Massage	R250 (30 min)
Back, Neck & Shoulder	R295 (30 min)
Full Body Massage	R430 (60 min)
Deep Tissue Sports Massage Half Body	R320 (30 min)
Deep Tissue Sports Massage 3/4 Body	R430(30 min)
Deep Cleanse & Detox Back Treatment	R495 (60 min)
Foot Massage	R200 (20 min)
Reflex	R220 (20 min)
Reflex	R350 (40min)
Lymph Drainage Half Body	R320 (30 min)
Lymph Drainage Full Body	R450 (60 min)

## WAXING

Lip	R70	Brows	R70
Brows	R70	Ears	R70
Chin	R80	Nose	R70
Nose	R70	Chest	R210
Full Face (including brows)	R250	Full Back	R260
Bikini	R150	1/2 Back	R220
Brazilian/G-Sring	R230	Full Arms	R220
Hollywood (complete removal of intimate ha		1/2 Leg	R220
Full Leg	R240	3/4 Leg	R240
3/4 Leg	R200	Full Leg	R260
1/2 Leg	R180		
Under Arm	R100		

R150

R110

R60

## TINTING:

Eyebrow Tint	R70
Eyelash Tint	R80
Henna Brows	R250

## **EYELASH EXTENSIONS:**

Classic Lashes (Full Set)	R480
Volume Lashes (Full set)	R550
Classic Lash Fill 2-3 weeks	R300
Volume Lashes Fill 2- 3 weeks	R350
Classic Lash Fill 3-4 weeks	R400
Volume Lashes Fill 3- 4 weeks	R450
Lash Removal	R100

## NAILS:

### Overlay:

Acrylic- colour/natural	R340
Acrylic- French/faded French	R390
Acrylic plus gel polish	R400
Gel polish overlay	R260
Rubber overlay	R300
Rubber overlay + gel polish	R350

### Tips:

Natural tip- with acrylic overlay	R360
Natural tip- with french overlay	R395
Natural tip- with acrylic & gel polish	R390
French tip with acrylic overlay	R360
French/colour tip- with rubber overlay	R350

## **Designer Tips & Nail Art:**

Sculpted nails	R450
Nail Glitter (per nail)	R5
Nails with stones(per nail)	R20
Nail art with stickers (per nail)	R10
3D nail art (per nail)	R30

### Fills:

Acrylic colour	R290
Acrylic + Gel polish	R330
Rubber fill	R260
Rubber fill with gel	R290
Gel fill	R230



### Toes:

Gel polish overlay R260 French R270 Acrylic overlay R280

## HANDS & FEET:

#### Manicures:

Manicure- with nail polish R220
Mini Mani- File, Buff & nail polish R130
Mens manicure R170
Mens pedicure R220

### **Pedicures:**

Express Pedi R160 Pedicure with nail polish R260 Pedicure without nail polish R230 Pedicure with gel polish R360 Pedicure with acrylic overlay R400 Deluxe pedicure(foot peeling & gel polish) R430 Medi Heel Pedi (no nail polish) R330 Medi Heel with nail polish R360

### **Removals & Repairs:**

Acrylic Soak R80
Rubber/Gel Soak off R60
Nail repair per nail R50
Soak, file, buff & polish R170
Buff & glaze R130

#### Add on:

Gel polish R220 Hot/ Cold Parrafin R80 Hand scrub R70



## MAKE-UP:

Day make-up R350
Formal (Matric dance) R450
Bridal make-up (including lashes) R650
Bridal make-up (including lashes & MUD lipstick) R950
Trail make-up R350
Add on lashes R100
Make-up lesson workshop R380 (60 min)

## PERMANENT MAKE-UP:

### **Eyebrows:**

Microbladed browsR1350Pixel BrowsR1450

#### **Eyeliner:**

Lash enhancement eyeliner R1250
Thick eyeliner R1350
Top only R850

### Lips:

Full lip colouring R2500

#### Touch up:

Eyebrows within 6 monthsR1100Eyeliner within 6 monthsR950Eyebrows after 12 monthsR1250Eyeliner after 12 monthsR1150Full lipR1800Liner top onlyR750















YOUR NEXT APPOINTMENT	
BANK DETAILS LA FEMM STUDIO Standard Bank Account Number: 10 15 404 433 2 Branch Name: Groblersdal Current Account	
	Jessah 100 LOWDEW